

# Lesson: Introduction to Days of the Week Hop

**Grade Level(s):** Kindergarten

**Concept(s):** Days of the week, reading, sequencing

**Duration:** 25-30 minutes

**Objective:** Students will recognize, read, and say the days of the week while engaging in a movement activity.

## Materials Needed:

- Days of the Week Hop
- Tape

## Lesson Procedure (5 minutes):

### Engage Students:

- Gather students and introduce the activity: "Today, we're going to hop through the days of the week! As we jump on each word, we'll say it out loud. If you don't know the word, I will help you!"

### Explain the Activity:

- Review the days of the week together as a class.
- Students will be reading/reciting the days of the week in order as they jump down the mat.

### Demonstrate the Activity:

- Show students how to say and hop on the words.

## Activity (15-20 minutes):

### Student Participation:

- Have one student at a time stand on "START HERE."
- The student reads the first word out loud.
- If the student correctly reads the word, they hop on it while repeating it.
- If they don't know the word, say it for them and have them repeat it before hopping.
- Continue until the student reaches the end of the mat.

### Repetition & Mastery:

- Repeat, ensuring everyone has a turn.

- Encourage them to go faster once they become more confident.
- Offer praise and support as needed.

## **Closure (5 minutes):**

### **Discussion:**

- Ask:
  - "Who can tell me the first day of the week?"
  - "What comes after Wednesday?"

### **Reflection:**

- Sing a Days of the Week song together for reinforcement.

### **Celebrate Success:**

- Congratulate students on their efforts and progress!

## **Assessment:**

- Observe students as they hop through the days of the week, noting their ability to recognize, read, and sequence the words correctly.
- Provide support and corrective feedback to students who need help identifying specific days.
- Assess mastery by having students verbally recall and sequence the days of the week without the mat as a visual aid.

## **Differentiation:**

### **Support:**

- Pair students to help each other or provide visual cue cards if needed.

### **Challenge:**

- Ask them to stand on the day of the week it is. Ask what is tomorrow? What was yesterday? What day will it be in a week?

## **Extension Activity:**

- For extra fun: Use a timer to see how quickly they can hop through while still saying the words correctly.
- For a challenge: Have them say the word and use it in a sentence before hopping.

## Worksheet: Tracing & Writing the Days of the Week

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Trace, then copy the days of the week. Then, write them on your own.

Monday \_ \_ \_ \_ \_

\_\_\_\_\_

Tuesday \_ \_ \_ \_ \_

\_\_\_\_\_

Wednesday \_ \_ \_ \_ \_

\_\_\_\_\_

Thursday \_ \_ \_ \_ \_

\_\_\_\_\_

Friday \_ \_ \_ \_ \_

\_\_\_\_\_

Saturday \_ \_ \_ \_ \_

\_\_\_\_\_

Sunday \_ \_ \_ \_ \_

\_\_\_\_\_

## Worksheet 2: Cut & Paste – Days of the Week Order

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Cut out the days of the week below. Glue them in the correct order on a separate sheet of paper.

(Cut out these words)

Sunday

Tuesday

Thursday

Saturday

Monday

Friday

Wednesday