

Lesson: Introduction to Vowel Hop

Grade Level(s): 1st Grade

Concept(s): Recognizing and identifying vowel sounds (a, e, i, o, u)

Duration: 30 minutes

Objective:

- Identify vowels by name and sound.
- Recognize vowels in words through a kinesthetic activity.
- Strengthen phonemic awareness with movement-based learning.

Materials Needed:

- Vowel Hop
- Picture or word flashcards (with simple CVC words like "cat," "pet," "sit," "hot," "run")
- Tape

Lesson Procedure (5-10 minutes):

Engage Students:

- Ask: "Who knows what vowels are?"
- Sing a short vowel song or chant to introduce/review the vowels.
- Show the floor mat and ask students to name the letters they see.

Explain the Activity:

- Students will take turns jumping down the mat saying the vowel on each space.
- Then they will play a game where they jump to the correct vowel when they hear a word.

Demonstrate the Activity:

- Jump down the mat saying each vowel.
- Pick a word card, say the word slowly, and hop onto the vowel that is in the middle of the word.
- Repeat with a few more words and encourage students to repeat the sounds after you.

Activity (15 minutes):

Student Participation

- Students take turns jumping the mat and naming the letters.

- Students take turns jumping again this time saying the short vowel sounds each letter makes.
- One by one, students pick a card or listen to a word.
- They say the word aloud and jump to the correct vowel on the mat.
- The class can cheer or say the vowel sound together.
- Continue until all students have multiple turns.

Repetition & Mastery

- Have each student take a turn jumping the mat.
- Have them jump again saying the short vowel sound of each letter.
- Increase the speed or complexity by having students race to the correct vowel.

Closure (5 minutes):

Discussion:

- Ask students to share which vowels were easiest and which were harder to identify.
- Discuss words that contain more than one vowel.

Reflection:

- Have students say one new thing they learned about vowels today.

Celebrate Success:

- Applaud all students for participating.
- Give a fun sticker or high-five for their effort.

Assessment:

- Observe students' ability to jump to the correct vowel.
- Use a quick exit ticket: Have each student say one word with a vowel sound they identify.
- Listen for correct pronunciation and vowel recognition during the activity.

Differentiation:

Support:

- Provide picture clues or emphasize only two vowels at a time.

Challenge:

- Have them jump to the vowels they identify in two-syllable words.

Extension Activity:

- Have students draw a picture of something that starts with a vowel and write the word below it.
- Play "Vowel Hopscotch" where they must spell a word by stepping on the correct vowels.

Worksheet: Vowel Hop

Name: _____ Date: _____

Directions: Circle the vowel in each word. Then, say the word aloud and clap when you hear the vowel sound.

1. cat

2. pen

3. hop

4. sit

5. bus

6. dog

7. rug

8. web

9. lamp

10. fin

Bonus: Write a word that has each vowel.

A: _____

E: _____

I: _____

O: _____

U: _____

Worksheet 2: Vowel Hop & Match

Name: _____ Date: _____

Directions: Draw a line from the picture to the vowel you hear in the word.



A

E

I

O

U

Directions: Fill in the missing vowels to complete each word.

1. C _ T

2. P _ N

3. H _ P

4. R _ G

5. B _ S

Challenge: Write a sentence using at least two of the words above!