

## Lesson: Hop & Read Activity

**Grade Level(s):** K-2nd Grade

**Concept(s):** Reading & Movement Integration

**Duration:** 25-30 minutes

**Objective:** Students will enhance their word recognition and fluency through an engaging movement-based reading activity.

### Materials Needed:

- Word Hop mats
- Tape

### Lesson Procedure (5 minutes):

#### Engage Students:

- Ask:
  - “How do we practice reading words?”
  - “What if we add movement to make it more fun?”

#### Explain the Activity:

- Students will start at “START HERE” and read the first word.
- They will hop to the next word while saying it aloud.
- If they don’t know the word, the teacher will say it, and they will repeat it.
- The activity continues until the end of the mat.

#### Demonstrate the Activity:

- Show students how to hop and read each word on the space.

### Activity (15-20 minutes):

#### Student Participation:

- A student begins at START HERE and reads the first word.
- They hop to the next word while saying it aloud.
- If they struggle, provide the correct word and have them repeat it.
- They continue hopping and reading until they reach the end of the mat.

#### Repetition & Mastery:

- Repeat the activity multiple times until students feel comfortable.
- Allow students to take turns and encourage them to improve their fluency.

- Add variation by having students toss a bean bag onto the mat. Saying the word and using it in a sentence.

## **Closure (5 minutes):**

### **Discussion:**

- Ask students which words were easy and which were tricky.

### **Reflection:**

- Have students share if hopping helped them remember words better.

### **Celebrate Success:**

- Class cheer! "Reading is fun!"

## **Assessment**

- Observation: Monitor students' pronunciation and confidence.

## **Differentiation:**

### **Support:**

- Allow them to step instead of hop and provide extra guidance when reading.

### **Challenge:**

- Have them spell the words without looking or use them in sentences after hopping.

## **Extension Activity:**

- Students can create their own word lists with words they choose.

# Worksheet: Sight Word Sentence Builder

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Write 6 words from the mats and choose 4 to create your own sentences. Write your sentences on the lines provided.

## Word Bank:

- 
- 
- 
- 
- 
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1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Bonus Challenge:** Pick one sentence and draw a picture to match!

## Worksheet: Make your own mat

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Draw your own mat like the ones you have been jumping on with 7 words. (Idea: Use words that all start with the same sound, or rhyme, or all have a long vowel sound.) Swap your paper with a friend and read each other's mat.